



BESPOKE
BEAUTY ROOMS

Treatment Menu

www.bodycareplus.co.uk

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Treatment Menu

At Bespoke Beauty Rooms we believe in delivering the highest quality, results driven treatments that leave you feeling relaxed, refreshed and revived.

We aim to make every experience unique and memorable.

We bring you award-winning Pevonia Botanica face and body treatments, which combine the power of nature with the latest scientific technology, offering an exceptional range of treatments tailored to suit you.





pevonia®
BOTANICA

Pevonia Facials

Results wrapped in luxury

EXPRESS 30 minutes £33

Instantly hydrating, softening and brightening, this facial will leave the skin looking fresh, clear and truly radiant. Ideal for all occasions where the skin needs an instant boost.

BESPOKE 60 minutes £50

A universal treatment for all skin types. This facial is personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. An ideal facial to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line. Outstanding results for every skin type.

PLANTOMER 60 minutes £60

Visibly enhance your skin's texture and maximise hydration. This refreshing, soft lift-off mask combines the hydrating benefits of seaweed, the ocean's finest resource, with revitalising Propolis - a natural healing and desensitising substance rich in natural antibiotics and Vitamin A. Excellent for Sensitive, Eczema and Psoriasis prone skin types.

ESCUTOX® 60 minutes £65

Nature's alternative to Botox. Pevonia's exclusive formulation of hibiscus extract has been freeze-dried to preserve the active ingredients to deliver outstanding results. Designed to stimulate the nerve endings, Escutox® will repair the skin, relax wrinkles, increase hydration and skin's suppleness, all resulting in a visibly youthful skin. Recommended for mature skin types.

LUMAFIRM EYE TREATMENT 30 minutes £40

Formulated with an amazing lift-action complex, this phenomenal treatment instantly repairs your delicate eye zone as it reduces puffiness and dark circles. An anti-ageing powerful trio of actives takes your eyes back in time.

LACTO FLORA PEEL

60 minutes £55

This innovative facial peel uses Lactic Acid which is extremely compatible with human skin, enabling greater results. This acid will gently exfoliate and hydrate as it possesses strong moisturising properties. This teamed with Pyruvic Flower Acid, Alpha Hydroxy Acid and Green Tea makes it suitable for most skin types, in particular acne prone skins and hyper pigmentation. Avoid if lactose intolerant or dairy allergy.

AROMATHERAPY FACIAL

60 minutes £50

A relaxing facial that treats the skin with a holistic approach, via unique massage techniques for the face, neck and décolletage. This soothing facial will aid circulation and elimination of toxins, reliving you from headaches and sinus congestion.

Pevonia Body Treatments

Renew The Body.....Calm The Mind

Each massage will be tailor-made to your individual needs. Using a blend of the highest quality essential oils we can help you overcome your body concerns and leave you rebalanced and restored.

Back, neck and shoulder massage	30 minutes	£30
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Back, neck and shoulder massage, incorporating hot basalt stones	30 minutes	£37
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Shoulder, neck, face and scalp massage	30 minutes	£30
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Full Body Massage	60 minutes	£50
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Full Body Massage	90 minutes	£75
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Moor Mud Back Treatment	45 minutes	£45
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This thermal mud back treatment aids muscular tension, aches and pains. Escape into a state of deep relaxation as we perform the highly relaxing cocoon massage techniques. This treatment is ideal prior to a massage for longer lasting ease of tension, acne on the body or simply as a sole therapy.

Body Polish 30 minutes £30

A rich, creamy-textured skin refining body scrub to remove impurities and rough skin. Gentle and deep-cleansing, Pevonia's Body Polish uses natural jojoba granules to activate the blood circulation without harming the fine capillaries, leaving skin soft, silky and smooth.

Soul Retreat

Our holistic therapies treat the body as a whole. Harmony is restored as the body's energy system is balanced.

Hopi ear candle 30 minutes £25

Hopi ear candle with sinus pressure point massage 45 minutes £30

Reflexology 45 minutes £40

Reflexology acupressure point massage stimulates foot reflexes that correspond with systems and organs in the body. It is renowned for its success in helping to relieve symptoms of depression, insomnia and rebalancing the body.

Man Scaping

Don't let the girls have all the fun, guys, you're worth it too! Get indulged, pampered and preened with our extensive bespoke treatments just for men.

Pevonia Fresh faced... Just for men 60 minutes £50

This facial is personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. An ideal facial to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line. Outstanding results for every skin type.

Back, neck and shoulder massage incorporating hot basalt stones 30 minutes £37

Full Body Massage 60 minutes £50

Full Body Massage 90 minutes £75

Moor Mud Back Treatment	45 minutes	£45
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This thermal mud back treatment aids muscular tension, aches and pains. Escape into a state of deep relaxation as we perform the highly relaxing cocoon massage techniques. This treatment is ideal prior to a massage for longer lasting ease of tension, acne on the body or simply as a sole therapy.

Eyebrow thread or wax	15 minutes	£10
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Chest or back wax	30 minutes	£22
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Chest and back wax	60 minutes	£42
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CACI Ultimate Facial Treatments

As the name suggests the CACI Ultimate really is the ultimate aesthetic treatment system. As the very first treatment system to combine; microcurrent, facial toning, crystal free orbital microdermabrasion and LED light therapy photo stimulation, the CACI Ultimate is truly the most versatile treatment system available.

ULTIMATE ANTI-AGEING	90 minutes	£85
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The ultimate anti-ageing treatment is an advanced facial which focuses on all your anti-ageing concerns. The ultimate procedure incorporates muscle lifting and toning, microdermabrasion, LED light therapy, plumping of fine lines and wrinkles and a hydrating gel mask to rejuvenate and brighten the skin.

(course of 10 £765)

NON-SURGICAL FACELIFT

Including Hydratone	60 minutes	£65
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Tiny electrical impulses to lift and tone facial muscles, finishing with a hydro mask to calm, plump and hydrate the skin.

(course of 10 £585)

NON-SURGICAL FACELIFT

With Jowl Lift 75 minutes £65

Microcurrent is used to lift and tone the facial muscles and also includes extra work performed around the jawline to refine and contour the jowls.

(course of 10 £585)

NON-SURGICAL FACELIFT

60 minutes £55

This advanced non-invasive facial with 20 years medical research behind it can deliver visible results without the need for surgery to lift, tone and improve skins elasticity.

(course of 10 £495)

ULTIMATE JOWL LIFT

30 minutes £30

Specifically developed to target muscle laxity around the jawline using 'quad probes,' designed to lift and firm the muscles and refine facial contours.

(course of 10 £270)

ULTIMATE EYE TREATMENT

45 minutes £45

Includes microcurrent, crystal free microdermabrasion and LED light therapy. This treatment will lift and tone the muscles around the eye area, hydrate and plump fine lines, as well as reducing puffiness and dark circles.

(course of 10 £405)

CRYSTAL FREE

Microdermabrasion Facial 45 minutes £50

This facial combines crystal free microdermabrasion with LED light therapy. It will exfoliate the skin using a unique technology to reveal a smoother, brighter complexion. Great for all skin types especially for dull, dehydrated skins, focusing on pigmentation and scarring.

(course of 10 £450)

ACTIVE ACNE TREATMENT

30 minutes £30

We use LED light therapy which is clinically proven to treat acne concerns. It is renowned for its antibacterial, anti-inflammatory and wound healing properties.

(course of 10 £270)

CACI Ultimate Body Treatments

ELECTRO CELLULITE MASSAGER 30 minutes £35

Instant lifting and contouring of the buttocks and thighs. ECM will improve the appearance of cellulite, stimulate circulation and lymphatic drainage, helping to flush toxins away giving the skin a smoother, tighter and dimple free complexion.

(course of 10 £315)

STOMACH LIFT 45 minutes £40

This treatment will enhance and strengthen the tummy muscles keeping them firm and toned. It is recommended in conjunction with diet and exercise.

(course of 10 £405)

BUST LIFT 30 minutes £30

This treatment will help lift, tone and strengthen the muscles around the bust area, giving an enhanced, firmer and fuller appearance.

(course of 10 £270)

LEGS AND BUTTOCKS 45 minutes £40

This firming and toning treatment will sculpt and contour the buttocks.

(course of 10 £405)

Perfection At Your Fingertips

Our bespoke manicures, gel polish and hand treats

Jessica file and paint	30 minutes	£17.50
Jessica nail treat	30 minutes	£17.50
Jessica bespoke manicure	60 minutes	£26
Jessica deluxe manicure	75 minutes	£31
Gelation gels	45 minutes	£27
Gelation gels and manicure	60 minutes	£32
Bio sculpture gel overlays	60 minutes	£30
Bio sculpture gels with manicure	75 minutes	£35
Gelation/Bio gel removal	30 minutes	£7.50
Gelation/Bio - gel removal and nail treat	45 minutes	£22.50

Tootsie TLC

Our bespoke pedicures, gel polish and foot treats

Jessica file and paint	30 minutes	£17.50
Jessica ZenSpa pedicure	60 minutes	£28
Jessica deluxe ZenSpa pedicure	75 minutes	£33
Gelation gels on toes	45 minutes	£27
Gelation gels and ZenSpa pedicure	60 minutes	£33
Bio sculpture gels on toes	60 minutes	£30
Bio sculpture and ZenSpa pedicure	75 minutes	£36
Jessica/Bio gel removal	30 minutes	£7.50
Jessica/Bio gel removal and nail treat	45 minutes	£22.50

(Please be aware to bring open toe shoes if having nail polish)

Spring Cleaning

Our extensive range of hair removal

THREADING

(eyebrow, lip, chin, cheeks, neck) - per area	15 minutes	£10
x2 areas	30 minutes	£18
x3 areas	30 minutes	£27
Full face (including neck)	60 minutes	£33

WAXING

Brow, lip or chin - per area	15 minutes	£10
Lip and chin	15 minutes	£17
Underarm	15 minutes	£12
Bikini	15 minutes	£15
Arms	30 minutes	£16
Brazilian	30 minutes	£27
Hollywood	30 minutes	£30
Full leg	45 minutes	£27
$\frac{3}{4}$ leg	30 minutes	£23
$\frac{1}{2}$ leg	30 minutes	£19
Full leg and bikini	60 minutes	£38
Full leg and Brazilian	75 minutes	£50
Full leg and Hollywood	75 minutes	£53
$\frac{1}{2}$ leg and bikini	45 minutes	£32
Back or chest	30 minutes	£22
Back and chest	60 minutes	£42

It's All About The Eyes

Our extensive range of lash and brow treatments

Brows by Mii	45 minutes	£25
Lash Perfect Full Set extensions	120 minutes	£75
Lash Perfect infill	60 minutes	£35
LVL lash	60 minutes	£48
Lash tint	30 minutes	£14
Brow tint	15 minutes	£9
Lash and brow tint	45 minutes	£21

(Patch test required 48hrs prior to Mii brows, LVL lash and all tinting treatments)

Let The Sun Shine

Fake Bake full body exfoliation and hand application tan	60 minutes	£40
Fake Bake full leg exfoliation and tan	30 minutes	£20

Please read our pre tanning advice found on our website to get the best possible results from your treatment.

Packages

Waxathon	75 minutes	£69
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Full leg, Brazilian/Hollywood, underarm and eyebrow thread.

Keeping Up Appearances	180 minutes	£105
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LVL lash treatment, Gels on fingers OR toes, Pevonia body polish.

Man Up!	120 minutes	£85
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Pevonia Fresh faced....just for men, Pevonia Moor Mud back treatment.

Spoil Me	180 minutes	£110
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Pevonia Aromatherapy facial, Pevonia back, neck and shoulder massage (incorporating hot basalt stones) and a Jessica deluxe ZenSpa pedicure.



pevonia®
BOTANICA



Perron Rigot
PARIS



Professional
GELeration™
Soak-Off Gel Polish

b r ō w
by *Mi*



The ORIGINAL
everlasting manicure





Salon Etiquette

- We ask you to arrive 15 minutes prior to your appointment time and you will be asked to fill out a consultation form, which is treated with the utmost confidence. Late arrivals may result in a reduction of your treatment time.
- Please be aware that some treatments may not be suitable for customers with certain medical conditions. In the event of the treatment being unsuitable, your therapist will be happy to suggest an alternative treatment.
- 50% of the treatment price will be charged, if you do not give 24 hours notice.
- A deposit may be taken to secure your appointment.
- Gift vouchers are available to buy from reception or online.
- Please be aware that we do not have facilities to look after young children or babies.

Keep up-to-date with our exciting new products and offers by subscribing to our mailing list.

www.bodycareplus.co.uk

Find us at:

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